

## **Blueberry Muffins**

Makes 12 medium-sized muffins

### **Ingredients**

1 egg  
175ml milk  
120ml vegetable oil  
300gms self-raising flour  
75gms granulated sugar  
150gms blueberries  
1 teaspoon Blueberry Extract  
Brown sugar

### **Method**

Heat oven to 170°C fan (365°F non-fan). Grease bottoms only of muffin pan(s) for 12 cups. Beat egg. Stir in milk and oil. Stir in remaining ingredients all at once just until flour is moistened (batter will be lumpy). Fill muffin cups about  $\frac{3}{4}$  full. Sprinkle brown sugar over each muffin. Bake until golden brown - about 35 minutes. Remove from oven and immediately remove muffins from pan.